

Coach Tori is a dedicated tumbling coach with over a decade of coaching experience and a lifelong passion for athletics. A former competitive and collegiate cheerleader, she began her coaching career immediately after college and has since helped athletes of all ages build confidence, strength, and technical excellence.

By day, Coach Tori serves as a school psychologist, empowering and supporting students' academic achievement and social-emotional development. Beyond her professional role, she combines her passion for athletics with her commitment to mentoring young athletes, helping them grow both physically and mentally.

Coach Tori believes that great athletes are developed through consistency, discipline, and resilience. Her coaching philosophy is rooted in her motto: "Work Ethic Over Talent. Hard Work Wins." Every class emphasizes proper technique, safe skill progression, and the mental toughness needed to overcome challenges and reach new goals.

Beyond developing athletic ability, Coach Tori is committed to teaching life skills such as perseverance, confidence, discipline, and a strong work ethic. She believes these qualities extend far beyond the gym, equipping young athletes with the tools to succeed in school, future careers, friendships, and in every aspect of life.